



Presented by
Management Forum

Managing the Modern Workplace: Enhancing your Team's Wellbeing by...Establishing and Nurturing Emotionally Intelligent Teams

20 November 2025

This free lunchtime course explores how building emotionally intelligent teams boosts communication, productivity, and growth while reducing workplace stress and costs.



Format:
Live online



CPD:
1 hours for your records



Certificate of
completion

Course overview

A lack of emotional intelligence (EQ) will have a detrimental impact on organisations as a result of the negative effect this has on the individual employees. If an organisation does not adopt, establish and embed emotional intelligence then it will have a detrimental effect on their employees. This is evidenced in the increase in stress in the workplace and emotional exhaustion, as well as the impact this has on the individuals and the organisations. This costs British businesses an estimated **£26 billion per annum**.

Emotional intelligence is key to both personal and professional success. People who are emotionally intelligent and show genuine empathy will fully understand and manage their emotions, having an awareness of how others express and manage their emotions. This will lead to effective communications, facilitating both healthy and productive relationships with others, enabling individuals to have a more fulfilled and successful personal and professional life. This, in turn, leads to increased productivity and greater organisational growth.

In this exciting **FREE** lunchtime course:

- Discuss what an emotionally intelligent team is and how this differs from a team that is just functioning (and definitely an underperforming or dysfunctional team)
- Establishing and nurturing an emotionally intelligent team, enhancing the productivity and effectiveness of the team and therefore the organisation as a whole
- What an emotionally intelligent team looks like – why it is so effective; how this can be achieved; and the positive impact this has in the workplace
- Examples of this in practice and prompts for how emotional intelligence can be embedded into teams

Benefits of attending

- **Establish** an emotionally intelligent team that will increase productivity
- **Empathetically listen** and nurture a workforce is a potent force for change
- **Create** an environment that demonstrates that positive behaviour will lead to positive behaviour and builds a momentum of development and growth
- **Grow** a resilient team within a positive emotionally intelligent workplace
- **Establish** a psychologically safe environment where employees are emotionally strong and reduces stress and presenteeism in the workplace
- **Connect** your formed emotionally Intelligent team to the a larger purpose off the organisation – creating a culture that encourages and nurtures contributions from the whole team in a non-threatening, supportive environment will establish a proactive, productive workforce.

Who should attend?

This course is relevant for existing leaders and managers, as well as those new or aspiring to a management role, who want to achieve greater success by enhancing their leadership skills through adopting a compassionate approach.

Presenter



Claire Mould

With over thirty years' experience of working in and with the public, corporate, and charitable sectors, Claire has expertise in providing strategic, analytical, emotionally intelligent solutions that engender, inform, facilitate and embed growth through compassionate leadership.

Extending from post-doctoral studies on neurology, specifically the link between emotional intelligence and cognitive intelligence, Claire has written, presented, and worked at a national, European, and international level and has published several research papers and books.

In her previous time as a CEO of various charities, she has practical experience in the art of compassionate leadership and has developed a real passion for helping individuals and organisations to optimise their growth potential.

In addition to her work as a facilitator, delivering sessions and presenting, Claire also works as an independent consultant providing emotionally intelligent strategic solutions, embedding compassionate leadership and maximising growth.

In her spare time, Claire runs for mental health and wellbeing, including running marathons and ultra marathons.

Course date

20 November 2025

Live online

12:00-13:00 **UK (London)** (UTC+00)

Course code 16647

How to book



Online:

ipi.academy/3278

Alternatively contact us to book, or if you have any queries:



Email:

info@ipiacademy.com



Phone:

[+44 \(0\)20 7749 4749](tel:+442077494749)

Discounts

- Booking more than one delegate on any one date qualifies for a **30% discount** on the second and subsequent places.
- Most events qualify for an **early booking discount** prior to 6 weeks before the course date. Be sure to check on our website, where the latest discounts will be shown.

Further information

Fee

The fee includes all meals and refreshments for the duration of the course (for venue-based courses) and a complete set of course materials (provided electronically). If you have any particular requirements, please advise customer services when booking.

Please note

IPI Academy (and our training partners) reserve the right to change the content and timing of the programme, the speakers, the date and venue due to reasons beyond their control. In the unlikely event that the course is cancelled, we will refund the registration fee and disclaim any further liability.

Terms and conditions

The rest of our terms, the event cancellation policy and the terms and conditions are on our website, please visit ipi.academy/content/terms-and-conditions



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IPI
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